

Goin' Hamm!

Choreographer: Trevor Thornton

32 count, 2 wall

Music: *Crank It Up* by Colt Ford

Intro: 32 counts

STEP HIP SWIVEL, COASTER STEP X2

1&2 Step forward on right foot, swivel heels right raising your right hip, bring heels back center

3&4 Step back slightly right, step left next to right, step forward right

5&6 Step forward on left foot, swivel heels left raising your left hip, bring heels back center

7&8 Step back slightly left, step right next to left, step forward left

ROCK FORWARD, ½ TURN SHUFFLE, ROCK FORWARD, COASTER CROSS

1-2 Rock forward on right foot, recover weight to left foot

3&4 ½ turn over right shoulder, step slightly forward on right, slide left heel to right instep, step slightly forward on right

5-6 Rock forward left, recover weight to right foot

7&8 Step back slightly left, step right next to left, cross left over right

***Restart here on wall 4 dance first 16 counts, you will be facing 12:00 when you restart.*

GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT

1-4 Step right to side, step left behind right, step right to side, touch left toe next to right

5-8 ¼ turn left step on left, ½ turn left step on back on right, ¼ turn left step on left, touch right toe next to next to left

TOUCH, SAILOR, TOUCH, SAILOR

1-2 Touch right toe forward, touch right toe to right side

3&4 Step right behind left, step left to side, step right to side 5-6 Touch left toe forward, touch left toe to left side

7&8 Step left behind left, step right to right side, step left to left side

TAG:

4 Count Tag: After wall 9

1-4 Rocking Chair: Rock forward right, recover left, rock back right, recover left