

10 Step - Couples Dance

Position is the cape position.

It is a round dance done in a counter clockwise position around the edge of the dance floor.

1. Touch out with left heel.
2. Bring left back together with right.
3. Touch back with right toe.
4. Bring right back together with left. (optional stomp)
5. Touch out with right heel
6. Cross right foot over in front of left leg.
7. Touch out with right heel.
8. Bring right back together with left.
9. Touch out with left heel.
10. Cross left foot over in front of right leg.
11. Polka steps forward left-right-left
12. Polka steps forward right-left-right
13. Polka steps forward left-right-left
14. Polka steps forward right-left-right

Repeat