

IDENTITY

Definition: the fact of being who or what a person or thing is. When I am uncertain of who I am, I must trust what God says is true about me. In this exercise you will learn about who you are and how you were made.

Read: 1 John 3:1-3

How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know Him. Dear friends, now we are children of God, and what we will be has not yet been made known. But we know that when he appears, we shall be like him, for we shall see him as he is. Everyone who has this hope purifies himself, just as He is pure.

Pray:

Dear Creator of Everything Seen and Unseen,

Help me embrace the person you created me to be. Help me stop negative thoughts about myself. Help me identify lies I mistakenly believe are true about myself. I don't want to abuse myself; rather, I desire to free myself from wrong thinking. Teach me to believe the things the Bible says are true about me and live them out in my life. Open my mind for the word you have for me. I am your faithful servant.

Activity:

1. Without looking, place your hand in the container and remove a stick. Whichever stick you pull out is yours to keep and take home (don't put it back to get one you like better!).
2. **Pray** and ask God why he chose this word for you.
3. Ask friends what they think your word means.
4. Look up your word in the **dictionary**.
5. Do a word search at www.biblegateway.com and read the bible verses that come up with variations of your word.
6. Keep this stick visible and let that word inform who you think you are this year.

Generous Provider God, Thank you for revealing this truth about me. Help me know what this word means to you and how I can live into this vision you have for my life. Thank you for being the giver of all good things. I receive this identity joyfully and expectantly. Amen