

FIRST

Definition: coming before all others in time or order. When you wake, is your mind assaulted with all the phone calls you need to make and errands you need to run? It's important to stop the tyranny of the urgent from determining our thought course and actions. Let's try out a new tool to focus our mind on God first and our day second.

Pray: Eternal God,

Help me slow down and give me patience with myself, those around me, and you. Help me be present and tune into you first with the help of this tool. Amen.

Read: Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Exodus 30:4-5

"You must not have any other god but me.

You must not make for yourself an idol of any kind or an image of anything in the heavens or on the earth or in the sea. You must not bow down to them or worship them, for I, the Lord your God, am a jealous God who will not tolerate your affection for any other gods."

Ask:

1. Is anything or anyone threatening God's first position in my life?
2. Does Jesus have my heart more than my spouse, children, money, house, best friend, boyfriend, Netflix, Facebook, novels, next vacation, my ambitions?
3. *Confess any revealed sins and make a plan to change as needed.*
4. Make God #1 again by listing in your journal the attributes that made you fall in love with Him in the first place.

Activity:



First15 provides a new 15 minute devotion everyday which consists of a Vision, Scripture, Worship Song, Devotional, Prayer, and an Action Step. 15 focused minutes with God is a gift for every day.

Download the first15 app to your phone or iPod now. Put in your ear buds and enjoy today's journey. Or, use the provided device and headphones in the basket on the table. Please return everything to the basket when you are finished.