

WHEN?

Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

Hebrews 4:16



Activity:

Remove your shoes and enter God's holy presence (tent). Bring him your confessions and requests; or, just sit quietly in His presence and listen. Know that God is with you and hears you and loves you. Now.

When you are finished, receive God's blessing that is printed on the card inside and take the peace of the Lord (a sense of well-being) with you as you go.

Blessing:

Imagine God's hand on your head and take a moment to feel the weight of it. Sense the presence of Jesus and the Holy Spirit as they intercede on your behalf. The apostle Paul gives you this blessing:

"I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen."
- Ephesians 3:16-21