



GIVE

Confession at the Cross

Unconfessed sin robs us of our freedom. Left untreated it interferes in our relationship with ourselves, God and others. This exercise will allow you to meditate on those behaviors, actions, and decisions that keep you from closer intimacy with Christ, name them, and weave them away where they belong....on the cross of Christ.

Pray:

Holy Spirit, Make me aware of words, actions and attitudes that keep me from intimacy with God. Help me enter into this activity wanting to be free from my sin, shame and guilt. Give me courage to accept your free gift of grace. In Jesus' name, Amen.

Read and Respond:

“Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.” Psalm 51: 10-12

Ask: “What is keeping my heart from being pure?” Write those thoughts on a strip of paper.

“Therefore, since we are surrounded by such great clouds of witnesses, let us throw off everything that hinders and the sin that so easily entangles us and run with perseverance the race marked out for us. Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before Him endured the cross, scorning its shame and sat down at the right hand of the throne of God.” Hebrews 12:1-2

Ask: What sin entangles me and keeps me from focusing on Jesus? Write these on the other side of your paper.

“Then I acknowledged my sin to you and did not cover up my iniquity. I said, ‘I will confess my transgressions to the Lord.’ And you forgave the guilt of my sin.” Psalm 32:5

Activity:

Weave the paper containing your sin on the string art cross.

Dear Redeemer God,

Thank you for the courage to confess this sin. Help me commit this sin no more and live in the freedom you provide. Teach me to walk the righteous path so I can be filled with your power. Thank you that you paid for this sin on the cross and took my shame. This sin is now on the cross where it belongs, help me to leave it there.

Amen