

Printable Step Sheets

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Cha Cha Slide

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Choreographed by: Mr C (Apr 04)

Music: "Cha-Cha Slide Part II" (Radio Edit) by Casper

Descriptions: Phrased wall - Beginner level line dance

"TO THE LEFT NOW": GRAPEVINE LEFT WITH TOUCH

1-2 Step left to left side, cross right behind left

3-4 Step left to left side, touch right beside left

"TAKE IT BACK NOW": STROLL BACK WITH TOUCH

1-2 Step back right, step back left

3-4 Step back right, touch left beside right

Option: try mashed potato steps back, or a rolling turn back

"ONE HOP THIS TIME": HOP FORWARD

1 Hop forward on right, hitching left

Option: if you don't like to hop you can scoot forward on both feet, The amount of hops Casper will ask you to do will vary

"RIGHT FOOT LET'S STOMP": RIGHT STOMP FORWARD

1 With weight on left stop right forward

Option: you can spread your arms to add attitude with each stomp

"LEFT FOOT LET'S STOMP": LEFT STOMP FORWARD

1 With weight on right stomp left forward

Option: you can spread your arms to add attitude with each stomp, The amount of stomps Casper will ask you to do will vary

"NOW CHA-CHA": JAZZ BOX (WITH ATTITUDE)

1-2 Cross right over left, step back left

3-4 Step right to right side, step forward left

Option: you can do mambo rocks, or anything else you feel fits, Casper will ask you twice or more so keep listening

"TURN IT OUT" OR "LET'S GO TO WORK": ¼ TURN LEFT INTO GRAPEVINE RIGHT WITH TOUCH

- 1** Make ¼ turn left stepping right to right side
- 2-4** Cross left behind right, step right to right side, touch left beside right

"CLAP": HAND CLAPS

1-16 Clap your hands in time with the music

Option: some people like walk around while doing their claps

"CRISS CROSS": JUMP APART, JUMP & CROSS

1-2 Jump feet apart, jump feet together crossing right over left

"SLIDE TO THE LEFT": LEFT SLIDE

1-2 Step left to left side, sliding right to touch beside left

In part of the track Casper will ask you to "reverse" the slide steps

"SLIDE TO THE RIGHT": RIGHT SLIDE

1-2 Step right to right side, sliding left to touch beside right

In part of the track Casper will ask you to "reverse" the slide steps

"HOW LOW CAN YOU GO": LIMBO / TWIST DOWN

1-16 Limbo / twist down (make sure you can get up again)

"BRING IT TO THE TOP": STAND UP WAVING ARMS

1-16 Rise arms up waving to the beat

"HANDS ON YOUR KNEES": KNEE KNOCKS

1-8 Knock knees together, criss crossing hands on knees

"CHARLIE BROWN": CHARLIE BROWN

There is some confusion over what is required at this part of the track some people rock forward and back. Some people do nothing

Max Perry told us that, socially it has been a term used by African Americans describing a white person's lack of rhythm when they dance. The actual dance step is a jump or "Jazz Jump" (2 footed jump). In the Cha-cha Slide, the jumps can be forward and back, or from left to right while nodding your head, or turning your head from side to side

"FREEZE": STRIKE A POSE

1 Strike a pose and freeze