

FLEX

COUNT: 32

WALL: 4

LEVEL: BEGINNER

CHOREOGRAPHER: CUPID

MUSIC: FLEX by CUPID

1-8 R POINT, TOUCH, SIDE, TOGETHER, L POINT, TOUCH, SIDE, TOGETHER

1-4 TOUCH R TOE SIDE R, TOUCH R TOGETHER, STEP R SIDE R, SLIDE L
TOGETHER

5-8 TOUCH L TOE SIDE L, TOUCH L TOGETHER, STEP L SIDE L, SLIDE R
TOGETHER

**9-16 KICK AND KICK AND STEP TURN1/4L, KICK AND KICK AND STEP
TURN1/4L**

1&2& KICK R FORWARD, STEP R, KICK L FORWARD, STEP L

3-4 STEP R FORWARD, TURN 1/4L SHIFTING WEIGHT TO L

5&6& KICK R FORWARD, STEP R, KICK L FORWARD, STEP L,

7-8 STEP R FORWARD, TURN 1/4L SHIFTING WEIGHT TO L

17-24 BUMP HIPS RR, LL, R, L, R, L

1-4 BUMPS HIPS SIDE R TWICE, BUMP HIPS SIDE LEFT TWICE

4-8 BUMP HIPS SIDE R, SIDE L, SIDE R, SIDE L

25-32 HOP BACK TWICE, PUSH TURN 1/4L

1-4 HOP BACKWARD R THEN L, HOP BACKWARD R THEN L,

4-8 L BALL OF FOOT REMAINS ON THE FLOOR AS THE R BALL OF FOOT
TOUCHES 4 TIMES TO PUSH AROUND 1/4L

*Step sheet created by Sherry Barrett
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