

## Praise Up

### **32 Count 4 Wall**

**Level: Improver**

**Choreographers: Sherry and Justin Barrett**

**Music: "Thank You Lord" by Chris Tomlin featuring Thomas Rhett & Florida Georgia Line**

### **16 Count Intro**

#### **(1-8) Right Wizard, Left Wizard, Forward Rock, Recover, Back Right, Back Left**

- 1, 2& Step R forward diagonal R, lock L behind R, step R forward on the diagonal
- 3, 4& Step L forward diagonal L, lock R behind L, step L forward on the diagonal
- 5- 6 Rock R forward, Recover L
- 7-8 Step R back, Step L back

#### **(9-16) Right Side Rock, Behind, Side, Cross, Left Side Rock, Behind, Side, Cross**

- 1-2 Side rock R, recover L
- 3&4 Step R behind, step L to side, step R across
- 5-6 Side rock L, recover R
- 7&8 Step L behind, step R to side, step L across

1 Restart on Wall 3 at this point in the dance (facing 6:00)

#### **(17-24) Unwind ½ Right, cha cha cha, sweep back (2x) cha cha cha, Sailor Turn ¼ Left**

- &1&2 Unwind ½ turn R (6:00) reaching R behind, Step R, Step L in place, Step R in place,
- 3&4 Sweep L behind R step L, R in place, L in place
- 5&6 Sweep R behind L step R, step L in place, step R in place,
- 7&8 Step L behind ¼ turn L (3:00), step R in place, step L to L side

#### **(25-32) Right Kick Front, Side, Coaster Step, Left Kick Front, Side, Coaster Step**

- 1-2 Kick R toe forward, Kick R toe side R
- 3&4 Step R back, step L back, step R forward
- 5-7 Kick L toe forward, Kick L toe side L
- 7&8 Step L back, step R back, step L forward

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