

Praise Up

32 Count 4 Wall Improver

Music: Thank You Lord by Chris Tomlin feat. Thomas Rhett & Florida Georgia Line

Choreographers: Sherry and Justin Barrett

16 Count Intro

Clockwise rotation

(1-8) Right Wizard, Left Wizard, Forward Rock, Recover, Back Right, Back Left

1, 2& Step R forward diagonal R, lock L behind R, step R forward on the diagonal

3, 4& Step L forward diagonal L, lock R behind L, step L forward on the diagonal

5-6 Rock R forward, Recover L

7-8 Step R back, Step L back

(9-16) Right Side Rock, Behind, Side, Cross, Left Side Rock, Behind, Side, Cross

1-2 Side rock R, recover L

3&4 Step R behind, step L to side, step R across

5-6 Side rock L, recover R

7&8 Step L behind, step R to side, step L across

**option to avoid cross unwind (7&8&): step Left behind, Step Right ¼R, step Left ¼R (7&8)

1 Restart on Wall 3 at this point in the dance (facing 6:00)

(17-24) Unwind ½Right, cha cha cha, sweep back (2x) cha cha cha, Sailor Turn ¼ Left

&1&2 Unwind ½ turn R (6:00) reaching R behind, Step R, Step L in place, Step R in place,

3&4 Sweep L behind R step L, R in place, L in place

5&6 Sweep R behind L step R, step L in place, step R in place,

7&8 Step L behind ¼ turn L (3:00), step R in place, step L to L side

(25-32) Right Kick Front, Side, Coaster Step, Left Kick Front, Side, Coaster Step

1-2 Kick R toe forward, Kick R toe side R

3&4 Step R back, step L back, step R forward

5-7 Kick L toe forward, Kick L toe side L

7&8 Step L back, step R back, step L forward

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